Year 4 Autumn 1 Knowledge Organiser – PE

Look, Run, Avoid



Knowledge and Skills Organiser look run avoid

The knowledge and skills the children will learn within this unit are presented across the three domains - Move, Solve, Connect. These are explicitly linked to Ofsted's pillars of progression; Motor competence, rules, strategies and tactics and healthy participation.



Masterful Mover





By the end of Lower KS2, a Masterful Mover will:

- Know what the purpose is of changing speed and direction within a
- Know how to apply changes in speed and direction to avoid a defender.

By the end of Lower KS2, a Skilful Solver will:

- Know what strategies to use to avoid a defender.
- Know how to apply

By the end of Lower KS2, a Confident Connector will:

- Know what being ambitious looks like within our activities.
- Know how to adapt games to provide suitable levels of challenge.

Learning Theme Key Vocabulary

Search Space Speed Timing Challenge Awareness



Curriculum links

Where next?

UKS2

Use running, jumping, throwing and catching in isolation and in combination' 'Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending'

evade invade capture

block guard support

Year 4 Autumn 1 Knowledge Organiser – PE

React, Roll, Receive



Knowledge and Skills Organiser react roll retrieve

The knowledge and skills the children will learn within this unit are presented across the three domains - Move, Solve, Connect. These are explicitly linked to Ofsted's pillars of progression; Motor competence, rules, strategies and tactics and healthy participation.



Masterful Mover





By the end of Lower KS2, a Masterful Mover will:

- Know what effective body positioning and technique
- Know how to perform a the ball with precision, adjusting their technique based on the distance and Speed of the roll

By the end of Lower KS2, a Skilful Solver will:

- Know what strategies can be

By the end of Lower KS2, a Confident Connector will:

- Know what it feels like to stay motivated and persistent, even when the tasks are difficult or require repeated attempts.
- Know how to encourage themselves and their peers to show resilience and a positive attitude throughout the activity.

Learning Theme Key Vocabulary adapt reactions direction target respond

> collect return accurate recover



Curriculum links

Where next?

UKS2

'Apply and develop a broader range of skills and use them in different ways' 'Participate in team games'

aim strike retrieve

> watch move connect