Year 4 Spring 1 Knowledge Organiser – PE

Inspire, Create, Perform



Knowledge and Skills Organiser inspire create perform

The knowledge and skills the children will learn within this unit are presented across the three domains - Move, Solve, Connect. These are explicitly linked to Ofsted's pillars of progression: Motor competence, rules, strategies and tactics and healthy participation.



Masterful Mover





By the end of Lower KS2, a Masterful Mover will:

- Know what different dance actions and techniques are used in individual and paired
- Know how to perform and in a pair which link to a specific theme.

By the end of Lower KS2 a Skilful Solver will:

- Know what the process of creating a dance theme or emotion.
- Know how to use their and others' bodies to theme or emotion.

By the end of Lower KS2 a Confident Connector will:

- Know what it means to work collaboratively to create and perform a
- Know how to inspire and support their peers throughout the creative and performance process.

Learning Theme Key Vocabulary

motif choreography action sequence travelling improvise level pathways collaborate mirroring timing performance



Curriculum links

Where next?

"Perform dances using a range of movement patterns'

UKS2 symmetry balance travel inspire create perform

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Duel. Win, Lose



Knowledge and Skills Organiser duel win lose

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Masterful Mover

Skilful Solver

Confident Connector

By the end of Lower KS1, a Masterful Mover will:

- · Know what the key fundamental movement skills required for competitive invasion based activities are.
- Know how to apply fundamental movement skills effectively to compete both with and against

By the end of Lower KS1, a Skilful Solver will:

- Know what strategies and tactics are needed to compete successfully with and against others.
- Know how to think strategically during competitive activities, using tactics to outwit

By the end of Lower KS1, a Confident Connector will:

- Know what the importance is of sportsmanship and handling both winning and losing gracefully.
- Know how to demonstrate good sportsmanship by showing respect to opponents, and maintaining a positive attitude.

Learning Theme Key Vocabulary

duel direction change win celebrate respect lost learn persevere

🔍 Curriculum links

Where next?

'Master basic movements, including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities'

Participate in team games, developing simple tactics for attacking and defending

K 52 lend move score block guard support