Year 4 Spring 2 Knowledge Organiser – PE

Symmetry, Balance, Travel



Knowledge and Skills Organiser symmetry balance travel

The knowledge and skills the children will learn within this unit are presented across the three domains - Move, Solve, Connect. These are explicitly linked to Ofsted's pillars of progression; Motor competence, rules, strategies and tactics and healthy participation.



Masterful Mover





By the end of Key Stage 2, a Masterful Mover will:

- Know what effective balance feels like when performing balances
- Know how to create symmetrical shapes and how to travel between

By the end of Key Stage 2, a Skilful Solver will:

- Know what the
- Know how to analyse order to improve

By the end of Key Stage 2, a Confident Connector will:

- Know what it means to display a positive attitude when working with others
- Know how to demonstrate supportive behaviour including giving and receiving feedback on performances

Learning Theme Key Vocabulary

symmetry asymmetrical shapes balance hold tension travel roll move

🔍 Curriculum links

Where next?

Developing flexibility, strength, technique and control'

Link movements to make actions and sequences'

'Compare their performances with previous ones'

KS2 speed distance strength

> inspire create perform

Year 4 Spring 2 Knowledge Organiser – PE

Pass, Position, Patience



Knowledge and Skills Organiser pass position patience

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Masterful Mover





By the end of Lower KS2, a Masterful Mover will:

- Know what basic skills are required to attack as a team within simple invasion games.
- Know how to execute accurate passes, find strategic positions to be and patience under

By the end of Lower KS2, a Skilful Solver will:

- Know what attacking
- Know how to apply strategies to make smart to pass and where to

By the end of Lower KS2, a Confident Connector will:

- Know what characteristics are needed within a team to be successful within
- Know how to show positive behaviours through being patient with themselves and

Learning Theme Key Vocabulary

position accuracy angle support patience timina awareness

🔍 Curriculum links

Where next?

Master basic movements and apply these in a range of activities'

Participate in team games, developing simple tactics for attacking and defending

UKS2 fair share dare lend move score