Year 4 Summer 1 Knowledge Organiser – PE

Strike, React, Rally



Knowledge and Skills Organiser strike react rally

The knowledge and skills the children will learn within this unit are presented across the three domains - Move, Solve, Connect. These are explicitly linked to Ofsted's pillars of progression; Motor competence, rules, strategies and tactics and healthy participation.



Masterful Mover





By the end of Key Stage 1, a Masterful Mover will:

- Know what skills are required to effectively
- Know how to strike, react and rally with a range of equipment and

By the end of Key Stage 1, a Skilful Solver will:

- Know what techniques to use in a range of striking
- Know how to anticipate and react quickly to a

By the end of Key Stage 1, a Confident Connector will:

- Know what attitudes and behaviours are important to be successful in striking and rallying games.
- Know how to maintain focus and attention during a range of games.

Learning Theme Key Vocabulary

strike control send react move respond rally return teamwork

🔍 Curriculum links

'Use running, jumping, throwing and catching in isolation and in combination.' 'Play competitive games, modified where appropriate. Apply and develop a broader range of

skills and use them in different ways'

Where next?

Modified games

aim strike retrieve

> watch move connect

Year 4 Summer 1 Knowledge Organiser – PE

Accuracy, Power, Distance

