

Knowledge Organiser Basketball Year 3 and Year 4

About this Unit

Basketball is an invasion game. An invasion game is a game where two teams play against each other. You invade (enter) the other team's space to try to score goals.

Basketball was invented in 1891 by an American PE teacher called James Naismith. The game was created so that his students could play indoors in the winter. The first game of basketball used peach baskets as the hoops which is why it is known as basketball!



Keu Vocabularu

accelerate: speed up

accurate: successful in reaching the intended target

accurately: hit with aim

attack: the offensive action of trying to score goals or points

communicate: share information decision: select an outcome

deny: to prevent an action happening gain; get possession of the ball

intercept: to gain possession of the ball

invasion: a game of two teams who invade each other's space to score goals

possession: to have pressure: to add challenge protect: to look after

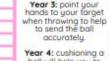
receiver: the person collecting or stopping the ball

referee: the person who makes sure the rules are followed

teamwork: working with others to succeed tournament: a competition of more than two teams

track: to move your body to get in line with a ball that is coming towards you

Ladder Knowledge



control it when catching it.

Sending & receiving:

Year 3: dribbling is an attacking skill which helps you to move towards a goal or away from defenders.

Dribbling:

Year 4: cushioning a ball will help you to ball when you dribble space will help your will help you to maintain possession.

Space: Year 3: spreading

out as a team will help to move the Year 3: as an defenders away attacker you need to from each other. maintain possession and score goals. As a defender you need to stop the opposition team keep

Attacking and defending:

and gain possession.

Year 4: as an attacker shoot when close to goal or if there is a clear path. Pass when a teammate is free and in good space. As a defender mark a player to stop them from being an option. Try to intercept the ball as it is passed

Attacking and defending:

 run jump

throw

catch

dribble

shoot

This unit will also help you to develop other important skills. working safely, collaboration, support and encourage others

possession and

score goals.

honesty, determination, perseverance Emotional

> exploration, identify areas of strength and areas for development, decision making, use tactics, reflection

- Double dribble: dribbling the ball with two hands at the same time and / or dribbling the ball. catching it and then dribbling again.
- . Travelling: moving with the ball without dribbling it.
- · Foul: you cannot push, hold or make contact with an opponent that stops their movement: If a rule is broken, the opposing team get a free pass.

Using tactics will help your team to maintain possession and score goals or deny space, gain possession and stop goals.

 Make sure any unused equipment is stored in a safe place.

If you enjoy this unit why not see if there is a basketball club in your local area.



agility, balance, co-ordination, speed, stamina

Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk

Body Parts

What you need: A ball



How to play:

- . Explore dribbling the ball. Can you dribble it so that it bounces high? And low? Can you use one hand then
- . Keeping your ball bouncing all the time, can you touch the following body parts to the floor?
 - * Hands
 - · Knees
 - · Bottom * Stomach
 - * Back
 - · Forehead

. Use soft, ball shaped hands and keep the ball close to you

www.getset4education.co.uk

Head to our youtube channel to watch the skills videos for this unit.



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