

Knowledge Organiser Football Year 3 and Year 4

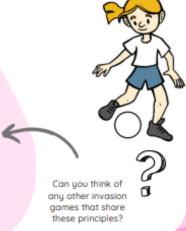
About this Unit

Football is an invasion game. An invasion game is a game where two teams play against each other. You invade (enter) the other team's space to try to score goals.

Bally ballerson!

Early versions of football can be traced back over 3000 years to the Mesoamerican civilisation where the ball they played with was actually a rock! Ancient Chinese civilisations used a round ball made out of feathers or fur, the Aboriginals used balls made of leaves and in Medieval Europe the ball was made out of a pig's bladder. When football as we know it grew in popularity, the ball changed too and nowadays, the ball is made out of leather.





Key Vocabulary

decision: select an outcome delay: to slow an object or player deny: to prevent an action happening

pitch: the space used for the game

referee; the person who makes sure the rules are followed

Sending & receiving:

Year 3: point your kicking foot to your target when sending the ball to help to send it accurately.

Year 4: cushioning the ball will help you to control it when receiving it.

Year 3: dribbling is an attacking skill which helps you to move towards a goal or away from defenders.

Year 4: using changes of direction and speed when you dribble will help you to maintain possession.

Year 3: spreading out as a team will help to move the defenders away from each other

Year 4: moving into space will help your team keep possession and score goals

Attacking and defending:

Year 3: as an attacker you need to maintain possession and score goals. As a defender you need to stop the opposition and gain possession.

Attacking and defending:

Year 4: as an attacker shoot when close to goal or if there is a clear path. Pass when a teammate is free and in good space. As a defender mark a plauer to stop them from being an option. Try to intercept the ball as it is passed.

Ladder

Knowledae

- dribble
- pass
- receive

If you enjoy this unit whu not see if there

is a football club in

uour local area.

track

This unit will also help you to develop other important skills.

Social co-operation, respect, communication

Emotional determination, honesty, persevere, independence

decision making, comprehension, select and apply, use tactics

Physical fouls include pushing, tripping, pulling, overly aggressive play

· You cannot touch the ball with your hands.

- . If either of these rules are broken, a free kick is awarded to the other team. All players must be five big steps away from the person taking the free kick.
- . If a ball goes out of play on a side line, a throw in is taken by the team who did not have last contact with the
- A corner is taken if the ball goes out of play on a goal line and is kicked out by the defending team.
- · A goal kick is taken if the ball goes out of play on a goal line and is kicked out by the attacking team.

Using tactics will help your team to maintain possession and score goals or deny space, gain possession and stop goals...



Make sure any unused equipment is stored in a safe place.

How will this unit

help your body?

agility, balance,

co-ordination, speed,

stamina



Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk



What you need: A ball and three markers e.g. cushions



How to play:

- . Place two markers 2m apart to create a goal and the third marker 3m away as the starting point.
- · Attempt to kick the ball through the goal.
- . If successful, shrink the goal making it smaller. Repeat, trying to kick
- . If successful, shrink the goal again and repeat.
- . When the goal is ball sized, the next challenge is to move the start
- . If successful, repeat moving the start cone back again.





watch the skills videos for this unit.



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accelerate: speed up

communicate: share information

control: being able to perform a skill with good technique

cushion: take the power out of an object

invasion: a game of two teams who invade each other's space to score goals

opposition: the other team option: possible choices

possession: to have

tournament: a competition of more than two teams

track: to move your body to get in line with a ball that is coming towards you