

# Knowledge Organiser Net and Wall Games Year 1

Ladder Knowledge

# Hitting:

use the centre of the racket for control.

#### Feeding:

use an underarm throw to throw to a partner.

#### Rallying:

throwing/hitting to your partner with not too much power will help you to move in them to return the ball. any direction.

using a ready position will help

Footwork:

### About this Unit

Net and wall games are games where either a net separates the players or a wall is used. The object of these games is to hit the ball over the net and into the court space or against a wall to make it difficult for a partner to return. Examples include tennis, badminton, volleyball, squash.

- throw
- catch
- · hit
- track

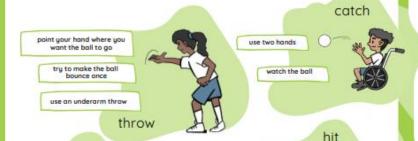
This unit will also help you to develop other important skills.

support others, work safely, communication, co-operation



perseverance, independence, determination

comprehension, select and apply, reflection, identify areas of strength and areas for development, decision making



that help us to do what we want to do when playing

Tactics are a plan

games.

Rules help you to play fairly.

Use a ready position

away from a partner

Send the ball to one space then a different space

as it comes towards you



Key Vocabulary

net

use the middle of the racket point your racket where you want the ball to go



- · Make sure any unused equipment is stored in a safe place.
- · Stay a safe distance from one another when using the racket.



Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk



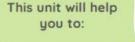
partner score

ready position

point track

racket underarm

If you enjoy this unit why not see if there is a club in your local area that plays a net and wall game. This could be a tennis. badminton, volleyball club.



- · change direction quickly
- balance
- · move different parts of your body at the same
- · be faster
- · move for longer

**Hot Spots** 

What you need: two players, six markers and a ball

## How to play:

- . Stand five big steps apart and place three cones on the floor at your feet.
- . Take turns trying to hit your partner's cones using an
- . If you hit a cone, you take it and add it to your row.
- . The game is played until one pupil has all of the
- · Make this easier by using a bigger ball.



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watch the skills videos for this unit. • @getset4education136





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