

Knowledge Organiser Striking and Fielding Year 1

Ladder Knowledge Striking: Fielding:

> throwing the ball back is quicker than running with it.

Throwing: use an overarm

throw to throw over

longer distances.

watch the ball as it comes towards you.

Catching:

About this Unit

Striking and fielding games are games where there are two teams, one, the batting team, try to score points and the other, the fielding team, try to stop the batting team from scoring. Examples of striking and fielding games include cricket and rounders.



 step forward with your opposite foot



- · watch the ball
- · catch with two hands
- · move your feet to the



Movement

- underarm throw
- overarm throw

the harder you

strike, the further

the ball will travel

- catch
- track
- bat

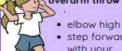
This unit will also help you to develop other important skills.

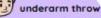
Social

communication, collaboration, support and encourage others, kindness

Emotional manage emotions, honesty, perseverance

comprehension, use tactics, select and apply, decision making





- use a straight
- step forwards with your opposite foot



Rules

Skills

Rules help you to play fairly.

Tactics are a plan that help us to do what we want to do when playing games.



Hit the ball into space



Throwing the ball is quicker than running





- move your feet to the
- scoop with two hands



- watch the ball
- use the centre of the bat

Healthy Participation

If you enjoy this unit why

not see if there is a club in

your local area that plays a striking and fielding game.

Examples could be a cricket

or rounders club.



- Always keep a safe distance between yourself and a batter.
- · Handle the bat in the way suggested by the teacher at all





This unit will help you to:

- change direction quicklu
- balance
- · move different parts of your body at the same time
- · be faster

Find more games that develop these skills in the Home Learning Active Families tab on

www.getset4education.co.uk

Field to Stop

What you need: two players, a markers and a ball or pair of rolled up socks

.

- · Place the marker in a space and stand next to it.
- . One player is the batter with the ball, the other player
- . The batter rolls the ball into the space and then scores points by sitting down and standing up (one point for each time they do this).
- . The fielder runs to collect the ball, holds it in the air and shouts 'stop'.
- . Batter to confirm their score and then change roles.
- . Play again, with throwing



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Head to our youtube channel to watch the skills videos for this unit.



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batter

batting

hit

bowl

ready position track

out

bowler fielder

underarm / overarm

fielding







