



Knowledge Organiser



Topic:	Gymnastics unit 2			
Subject:	P.E	Term:	Summer 2	Year Group/Class: Reception

Prior/Background Knowledge:

The children have had experience of travelling in a variety of ways in all of the units taught so far as part of the warm up.

During the warm up activities the children have had experience of making big and small shapes and practised rolls and sliding round the hall.

They have had experience of travelling along benches and in the reception playground the climbing frame with the balance beam has allowed children to practise their balancing skills.



Key vocab and definitions:

Travel- Move in a constant or predictable way

Direction- a course along which something moves

space: an area

sequence: a combination of moves

Key questions from the children:

Will we get to climb on the benches?

What is gymnastics?

Can we learn to do forward rolls?

Can I show people a cartwheel?

Can we learn how to do flips?

What the children will learn about and background information and key texts they will use:

In this unit, children will develop their basic gymnastic skills through the topic of traditional tales to include Jack and the Beanstalk and Goldilocks and the Three Bears. Children explore basic movements, creating shapes and balances, jumps and rolls. They begin to develop an awareness of space and how to use it safely. They perform basic skills on both floor and apparatus. They copy, create, remember and repeat short sequences. They begin to understand using levels and directions when travelling and balancing.

Key skills:

Physical: shapes, balances, jumps, rock and roll, barrel roll, straight roll, progressions of a forward roll, traveling

Social: leadership, taking turns, helping others

Emotional: determination

Thinking: selecting and applying skills, creating sequences

Assessment:

Evaluation:

% at Emerging	
% at Basic	
% at Advancing	
% at Deep	

Quotes from the children and any next steps for development: