



Get Set 4  
Education

# Knowledge Organiser

## Dance Unit 2

### Nursery/Reception

#### About this Unit

In this unit children will develop their expressive movement through the topic of 'places'. Children explore space and how to use space safely. They explore traveling actions, shapes and balances. Children choose their own actions in response to a stimulus. They also are given the opportunity to copy, repeat and remember actions. They continue to use counting to help them keep in time with the music. They explore dance through the world around them. They perform to others and begin to provide simple feedback.



At the Seaside



At the Fireworks



At the Farm

#### Communication and Language

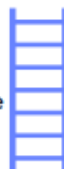
#### Key Vocabulary

actions	fast	quickly
beat	finish position	shape
counts	high	slowly
direction	low	start position
		travel

If you enjoy this unit why not see if there is a dance club in your local area.



#### Ladder Knowledge



**Actions:**  
Children will learn that they can move their bodies in different ways to create interesting actions.

**Dynamics:**  
Children will learn that they can change the action to show an idea.

**Space:**  
Children will learn that if they move into space it will help to keep themselves and others safe.

**Performance:**  
Children will learn that when watching others they should sit quietly and clap at the end.

**Strategy:**  
Children will learn that if they use lots of space, it will help to make their dance look interesting.

#### Personal, Social and Emotional

This unit will develop the following skills:

**Social** work safely, respect, collaboration

**Emotional** confidence, independence

**Thinking** comprehension, provide feedback, select and apply actions, creativity

#### Physical Development



Children will be taught to:

- Be bare foot for dance.
- Move around safely and with control.
- Have an awareness of others in the teaching space.



This unit will help children to:

- balance
- move different body parts at the same time
- be more flexible
- move for longer

#### Physical Skills

- actions
- dynamics
- space

#### Home Learning



Find more games that develop these skills in the Home Learning Active Families tab on [www.getset4education.co.uk](http://www.getset4education.co.uk)



#### Musical Statues



**What you need:** some music, someone to stop and start the music

#### How to Play:

- When the music starts players start dancing. Dance however you like - hop, skip, twirl, or anything else that makes you happy! Let the music inspire your moves.
- When the music everyone must freeze like a statue until the music starts again.
- Keep dancing and freezing whenever the music stops.

Playing with others? Every time someone moves when the music stops, they become the helper to stop the music next time. Who can be the last one dancing?



[www.getset4education.co.uk](http://www.getset4education.co.uk)

Head to our youtube channel to watch the skills videos for this unit.



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