



Get Set 4
Education

Knowledge Organiser

Games Unit 2

Nursery/Reception

About this Unit

In this unit children will practise and further develop their fundamental movement skills through the topic of 'around the world'. Children will learn and develop these skills by playing a variety of games. They will also learn how to work as a team, take turns, keep the score, play against an opponent and play by the rules.



Communication and Language



Key Vocabulary

aim	lose	stop
gallop	partner	tag
hit	run	target
hop	safely	team
jump	score	win

If children enjoy this unit why not see if there is a multi sports club in their area.



Ladder Knowledge



Running:

Children will learn to use big steps to run and small steps to stop.

Throwing:

Children will learn to point their hand at their target when throwing.

Catching:

Children will learn to watch the ball and have hands out ready to catch.

Striking:

Children will learn to point their racket at their target when striking.

Tactics:

Children will learn to make simple decisions in response to a task and that there are different roles in games.

Rules:

Children will learn that rules help them to stay safe.

Personal, Social and Emotional

Social Emotional Thinking

This unit will develop the following skills:

communication, help others, respect, take turns, co-operation
perseverance, honesty, determination, manage emotions
comprehension, decision making, select and apply, reflection

Physical Development

Physical Skills

- run
- throw
- change direction
- catch
- strike



Children will be taught to:

- Move around safely and with control.
- Have an awareness of others and items in the teaching space.
- Take turns when instructed.
- To store equipment safely when not in use.

Home Learning



Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk



Capture the Socks

What you need: a basket, four pairs of rolled up socks and two players

How to play:

- Place the socks randomly in the playing area.
- One player (the attacker) begins at the basket.
- The defender begins three big steps away.
- The attacker has six attempts to collect a pair of socks and place them into the basket.
- The defender can tag the attacker once they leave the basket and if caught the attacker must return to the basket and start again.

How many socks did you get in the basket?

www.getset4education.co.uk

This unit will help children to:

- change direction quickly
- balance
- move different body parts at the same time
- be faster
- move for longer

Head to our youtube channel to watch the skills videos for this unit. [@getset4education136](https://www.youtube.com/@getset4education136)