



beyond  
the physical

# Lesson 1&2

# inspire create perform

## How I can be successful...



move

I can explore basic dance actions including jumps and turns.



solve

I can identify actions which can match a theme.



connect

I can observe and copy other people's ideas.



Masterful  
mover



Skilful  
solver



Confident  
connector



beyond  
the physical

# Lesson 3&4

# inspire create perform

How I can be successful...



move

I can explore different ways of travelling.



solve

I can identify actions which can be made into travelling movements.



connect

I can show confidence in linking simple actions together.



Skilful  
solver



Confident  
connector



Masterful  
mover



# Lesson 5&6

# inspire create perform

How I can be successful...

  
move

I can explore simple movements with a partner.

  
solve

I can identify actions I can perform effectively with a partner.

  
connect

I can say what I like about other people's movements.

**Skilful  
solver**

**Masterful  
mover**

**Confident  
connector**