



beyond
the physical

jump shape create

How I can be successful...



move

I can develop different jumping techniques.



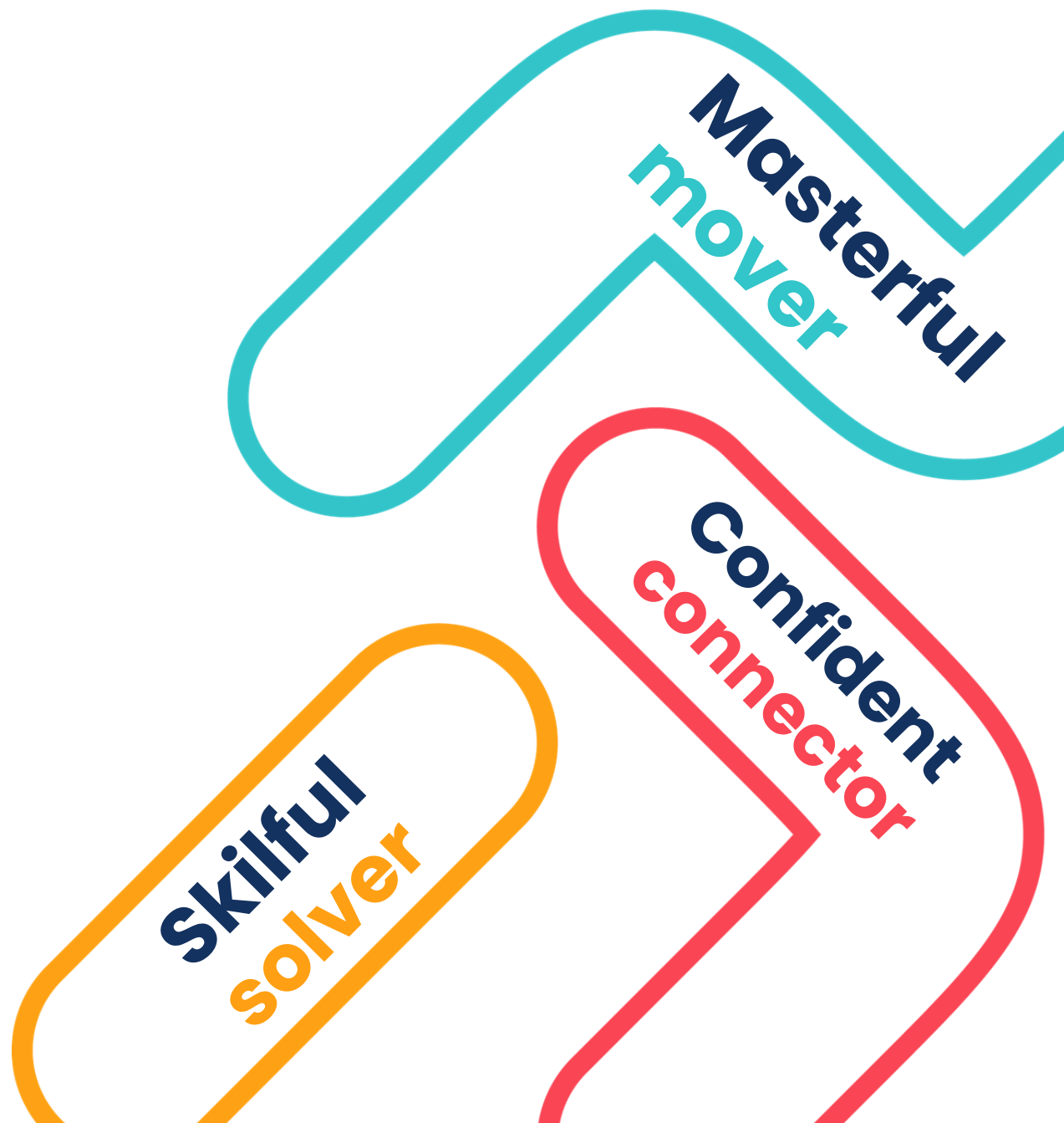
solve

I can select jumps which I can perform well and which I need further improvement.



connect

I can practice and refine my movements.



Masterful
mover

Skilful
solver

Confident
connector



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How I can be successful...



move

I can develop different techniques for jumping and creating shapes.



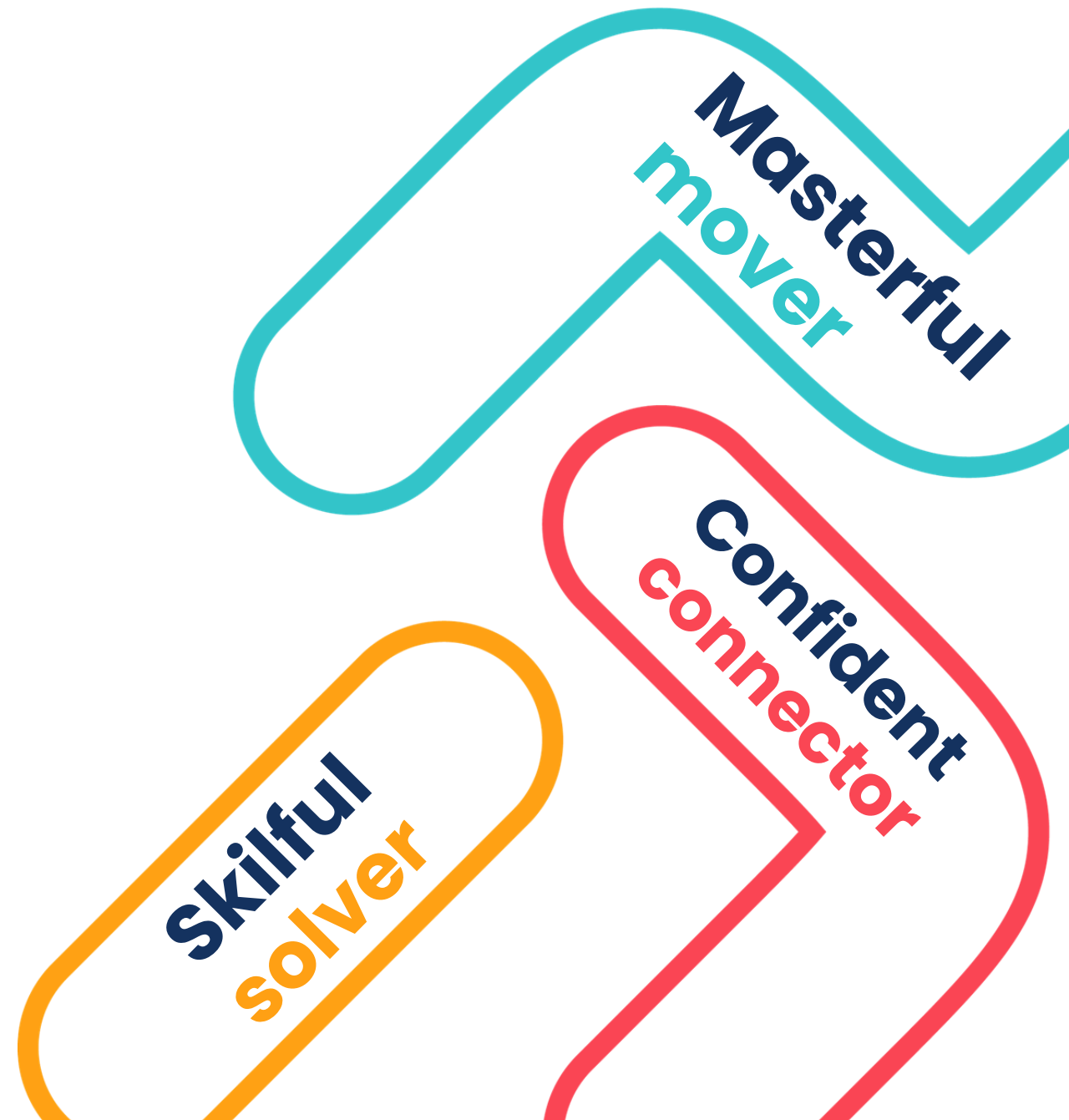
solve

I can select movements I can perform effectively to use in sequence.



connect

I can demonstrate movements to others.





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move

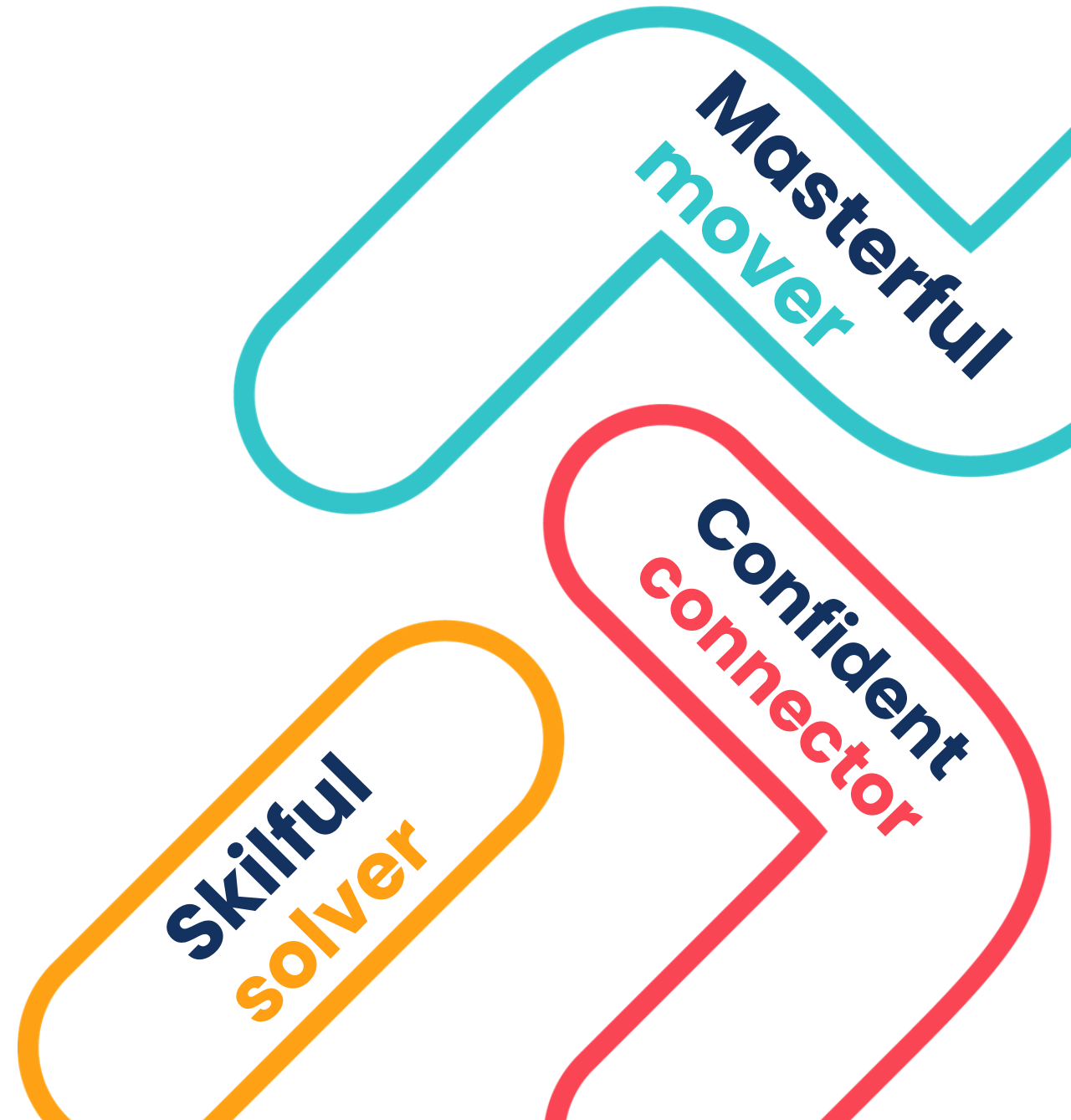
I can develop a range of shapes with my body to create a simple sequence.


solve

I can select shapes I have created to link together in a simple sequence.


connect

I can present my ideas through movement and observe those of others.



Masterful
mover

Skilful
solver

Confident
connector