

run jump throw

How I can be successful...



I can develop my ability to run at different speeds.



I can select when to use different speeds within an activity.



I can show effort and determination at all times.

Skilful
solver

Confident
connector

Masterful
mover

run **jump** throw

How I can be successful...



move

I can develop my ability to jump for distance using different techniques.



solve

I can select appropriate jumping techniques within different challenges.



connect

I can challenge myself to achieve my personal best.



Masterful
mover



Confident
connector



Skilful
solver

run jump throw

How I can be successful...



move

I can develop my ability to throw using different techniques.



solve

I can select appropriate throwing techniques within different challenges.



connect

I can challenge myself when playing competitive games.



Masterful
mover



Skilful
solver



Confident
connector