

# run jump throw

How I can be successful...



move

I can apply my running skills to different challenges.



solve

I can decide when and where to adjust the speed I run at.



connect

I can show a willingness to keep improving my performance.



Masterful  
mover



Confident  
connector



Skilful  
solver

# run **jump** throw

## How I can be successful...



move

I can apply different jumping techniques to given challenges.



solve

I can decide which jumping technique is most suitable for different challenges.



connect

I can support others in achieving personal bests.



Masterful  
mover



Skilful  
solver



Confident  
connector

# run jump throw

## How I can be successful...



move

I can apply different throwing techniques to given challenges.



solve

I can decide which throwing technique is most suitable for different challenges.



connect

I can show resilience to keep performing in competitive games.



Masterful  
mover



Skilful  
solver



Confident  
connector