

run jump throw

How I can be successful...



move

I can embed key techniques to improve my running ability.



solve

I can explain when and why speed is important within activities.



connect

I can set personal challenges and strive to achieve them.



Masterful
mover



Skilful
solver



Confident
connector

run **jump** throw

How I can be successful...



I can embed key techniques to improve my jumping ability.



I can explain how well I performed and how I can make improvements.



I can share goals and achievements with others.

Skilful
solver

Confident
connector

Masterful
mover

run jump throw

How I can be successful...



move

I can embed key techniques to improve my throwing ability.



solve

I can explain when and why to use different throwing techniques.



connect

I can improve my performance in collaborative and competitive scenarios.



Masterful
mover



Skilful
solver



Confident
connector