



beyond
the physical

symmetry

balance travel

How I can be successful...



move

I can embed the characteristics of symmetry within my work



solve

I can explain the concept of symmetry and identify symmetrical positions and movements.



connect

I can participate with confidence, showing enthusiasm for learning and performing gymnastics skills.



Skilful
solver



Confident
connector



Masterful
mover



symmetry

balance travel

How I can be successful...



move

I can embed the characteristics of balance within my work



solve

I can explain the key elements of balance and how they contribute to successful execution of gymnastics skills.



connect

I can offer positive and constructive feedback to peers, demonstrating respect and support during group activities.



Masterful
mover



Skilful
solver



Confident
connector



symmetry

balance **travel**

How I can be successful...


move

I can embed the characteristics of travel within my work


solve

I can explain how travel patterns contribute to fluidity and control in a gymnastics routine.


connect

I can display a positive attitude towards challenging tasks and show resilience when faced with difficulties in executing skills.

Masterful
mover

Skilful
solver

Confident
connector